

To Celebrate These Beautiful Harvest Days – We Made Caramel Apples today in Speech- Language Therapy



Within this activity we targeted your child's **speech skills** by emphasizing their target sounds while we prepared our ingredients and made our Caramel Apples.

Language skills were highlighted when I asked them to remember the sequential steps to the recipe. Picture prompts helped them remember and sequence the activity.

To develop **thought organization, expressive language and vocabulary**, your child was requested to restate the steps in making our Caramel Apples. They were able to manipulate the ingredients and use the picture sequence strips (the stripes are attached). They were cued to use description words like gooey, hot, sticky, and sweet to describe the taste and textures. I heard lots of preposition words too – out, under, through, into, beside, between.

They were allowed to eat the Caramel Apples in therapy. It was fun to see their **mouth muscles** work as

they bit, sucked and chewed the Apple. Then I saw awesome lip and tongue range of motion as they picked the Carmel from their teeth!

It was a Fun, Productive and Yummy therapy session.

Try it at home

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