

Fluent Speech Progress

Rule # 3 : Use Speech breathing

	A	B	C	D	E	F	G	H
1	I can feel relaxed breathing muscles with my hand on my stomach							
2	I can feel tight breathing muscles with my hand on my stomach							
3	I can draw a picture of a speech breathing curve							
4	I can interrupt my easy breathing by tightening my muscles							
5	I can relax my tight breathing muscles and breathe easily							
6	I can use easy breathing to repeat a sentence after my teacher							
7	I can use easy breathing to describe a picture in one sentence							
8	I can use easy breathing to describe a picture in five sentences							