

July 2010—articulation activities

	Mon	Tue	Wed	Thu	Fri	
				<p>1 Use Fruit Loops or Cheerios and make the ____ letter on a piece of paper. Before your child eats each piece of cereal, ask him/her to make that sound.</p>	<p>2 Ask your child to pop his/her tongue 10 times on the roof of his/her mouth.</p>	<p>3 Read a book to your child and over-emphasize the ____ sound each time you read it in a word so your child can hear it read correctly.</p>
<p>4 Fourth of July—enjoy the fireworks and a barbecue today.</p>	<p>5 Ask your child to play "simon says" and then make a sound and have your child repeat it. For example, "simon says say the t sound—tuh, tuh." "Simon says make the k sound—kuh, kuh".</p>	<p>6 Hide 10 small objects or pictures with the ____ sound in a bucket or bowl and bury them with dried beans, sand, or bread crumbs. Ask your child to name each item when he/she finds it.</p>	<p>7 Lick a lollipop in an upwards motion today.</p>	<p>8 Make a sound with the ____ sound. Find 10 pictures from magazines, newspapers, or clip art and put one picture on each page. Then read the book together focusing on the ____ sound.</p>	<p>9 Ask your child to read the sound book you made yesterday to you.</p>	<p>10 Color a picture today. Ask your child to say the names of each color as clearly as possible.</p>
<p>11 Get out a farm animal set. Make the sound of each animal with your child.</p>	<p>12 Put some shaving cream on the table or sidewalk. Ask your child to make a ____ letter 5 times with his/her fingers. Then have him say that sound five times.</p>	<p>13 Invite a friend over to play. Encourage your child to use clear speech sounds during play activities with that friend.</p>	<p>14 Using a set of paper fish with paper clips and a fishing pole (or a toy fishing set) ask your child to repeat a word with the ____ sound in it each time he/she catches a fish.</p>	<p>15 Blow pinwheels outside today to build those oral motor muscles.</p>	<p>16 Read a book together today with simple pictures and name each picture for your child. Then have him/her tell the names back to you with clear sounds.</p>	<p>17 Play ball outside. Each time the ball bounces high, say the ____ sound. When it bounces low, say the ____ sound.</p>
<p>18 At dinner time today, remind your child to use good ____ sounds when speaking during dinner.</p>	<p>19 Ask your child to pop his/her tongue 10 times on the roof of his/her mouth</p>	<p>20 Find 10 things that have the ____ sound in it around your house. Say each word clearly.</p>	<p>21 Put 10 objects/pictures with the ____ sound in a bag. Ask your child to feel each object without looking at it and guess what it is. Then pull the item out and use his/her good sounds to tell you what it is.</p>	<p>22 Ask your child to puff his/her cheeks full of air today (like a chipmunk) and hold it for 10 seconds.</p>	<p>23 Go on a walk outside and find at least 5 things with the ____ sound in it. Say each word clearly.</p>	<p>24 Pioneer Day holiday—enjoy the parade and other outdoor activities.</p>

25 Get your child's favorite stuffed animal. Ask your child to show your animal how to say the ____ sound clearly. Your child needs to help his/her animal friend say this sound 5 times.

26 Play toy kitchen, dolls, cars, or dress-up for 20 minutes. Use clear speech sounds during this time with your child and ask him "fix up" any sounds your child can say correctly if they are produced incorrectly.

27 Bounce a ball and say this sound: ____ combined with these vowels: ay, ee, eye, oh, oo, ah, eh, ih, aw, uh

28 Using the ____ sound, try this game. Make a variety of different sounds, including the ____ sound. Each time your child hears the ____ sound, ask him/her to clap.

29 Hide 10 items with the ____ sound in it around the room. Ask your child to play hide and seek and look for the objects. Each time, he/she finds an object say the word to them with emphasis on the ____ sound and then ask your child to repeat the word clearly.

30 Make sugar cookies together and then use alphabet cookie cutters to cut out the letters in your child's name. Discuss the sounds that each letter makes.

31 Play with play-doh today. Make letters out of play-doh. Focus on these sounds: _____. Make the sound of each letter and ask your child to repeat that sound.

CREATED BY AMY C. WERRETT, m.s., CCC-SLP/WASHINGTON COUNTY SCHOOL DISTRICT/MAY 2010