

L

Look at the speaker.



I

Imagine being a good listener.



S

See with your ears. Focus on the speaker.



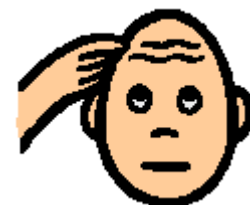
T

Think about what you hear.



E

Echo what you hear in your mind.



N

Need to understand what you hear.

