



### Speech Practice in a Box

You may have some fun by creating a “speech box” that you can use to practice your speech. Here is what you need to do:

1. Get a box of some kind. Cut an opening into the box that allows you to fit your hand into the box. If you can not find a box, you could use a bag or other container.
2. If you wish, decorate your box
3. Find things around the house that have your speech sound, and place them in the box. You can also use magazine pictures, cards, clip art pictures etc.
4. Each day, use the box to practice. You may do any of the following:
  - play a guessing game-describe an item and have a friend guess what it is
  - pull objects and say a sentence about them
  - hide objects around the room and describe to a friend where to find them
  - choose items from the box, lay them out, then hide them back in the box. Have a friend try to remember the items you pulled out.
  - Try to name all the items in the box without looking at them
  - use your imagination to think of other ways to practice
5. From time to time, remove items from your box and replace them with new items.
6. Use the attached sheet to list each day that you practice with the box of items.

**List the items here that you have placed into your box for practice:**

