

Stop That COLD!

Use these materials in the classroom to work on expressive and receptive language while teaching a valuable life skill and linking to the health/science curriculum.

Print ColdAACBoard 1 & 2 for students who have expressive communication needs.

ColdSymbols cards should be printed, cut apart, and backed with magnet strips for display on the chalkboard. Begin a discussion on colds--what causes colds, how to prevent colds, what to do if you catch one. As students contribute information, display the corresponding symbol cards on the chalkboard.

After a detailed discussion on colds, play "Don't Catch the Cold!" This game is included on the SPEAKING OF SPEECH CD and is described on the classroom lesson message board under THIS WORKS FOR ME! This is a terrific way to review the material you just discussed and the students love it! The symbols on the chalkboard will serve as a useful visual for those who need it.

As a follow-up activity, have each student make a Cold Book. Print the ColdBook files 1-4, then photocopy a set for each student. Discuss each panel and have students give and/or follow directions to color the pictures. When finished, have students cut the panels apart, then follow your directions to sequence the pages; staple and take home to share with families.

Additional follow-ups: (1) give students sponges and spray bottles of antiseptic cleanser to wash their desks; (2) take the students to the sink and do a lesson in hand-washing; (3) keep a bottle of waterless antiseptic cleaner handy for use after coughs and sneezes.

We've used these materials with elementary regular and special education students. Following the lessons, teachers reported an increase in hygiene awareness.

Stay healthy!! :-)